



# Troop Tidings

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Troop 805  
Danville, CA

## New Troop 805 Eagle Scout

Please join the Troop in congratulating

### Alex Colello

on achieving the Rank of Eagle Scout.

Look for the details of his Eagle Court of Honor in the coming months.



## Kent Screechfield Honored with the Silver Beaver

*By Mr. Chan*

It is with great honor that we announce that Kent Screechfield has been selected to receive the Silver Beaver award this year. The Silver Beaver is the highest award that can be given at the Council Level to adult volunteers. Kent is an amazing scouter whose dedication to scout is unwavering. I am so very proud to have Kent in our troop and in our district.

Please join me in CONGRATULATING Kent for receiving this prestigious award!

## New Webelos Joining Troop 805

*By Mr. Alexander*

Please join me in welcoming 16 new Webelos scouts into Troop 805. They will be joining our

troop after their Arrow of Light ceremonies next month:

Pack	Scout
203	Austin D.
203	Ian Y.
203	Owen T.
205	Hayden T.
689	Josh B.
995	Jason S.
996	Joshua M.
996	Ethan N.
997	Vaibhav K.
1776	Adam G.
1776	Austin S.
1776	Govindh K.
1776	Mathew P.
1776	Samuel M.

## Kiwanis Youth 2 Youth Service Project – March 7

*By Mr. Matsunaga*

Save the date for this annual service event. This is one of several opportunities we have to give back to the Kiwanis, the charter organization for our troop. Please show your support by joining this outing. More details will be provided in the coming months.

## This Month's Theme: Blasting into the New Year

### Outings

#### Easy Hike

When: January 10

Where: TBD

Adult in Charge: Mr. Jasty

Patrol in Charge: Huskies

Permission Slip Due: January 6

### Meetings

December 20 – January 4 – No  
School Winter Break

January 6 – 30<sup>th</sup> Anniversary Court  
of Honor

January 13 – Troop Meeting

January 19 – No School, Martin  
Luther King Day

January 20 – Troop Meeting

January 22 - Roundtable

January 26 – No School

January 27 – PLC / BOR

January 8 – ASM Meeting

## LEAD (Leader Education and Discovery)

By Mr. Screechfield

Registration for LEAD (Leader Education and Discovery) on January 31, 2015 is now open. LEAD is not just for adult leaders, there is something for all parents of scouts and scouters like how to be a Merit Badge Counselor, how to cook with a Dutch oven, how to become CERT trained, and much more. Cost is \$55 and includes lunch. Go to <http://www.bsa-mdsc.org/training/adult/leader-education-and-discovery-lead> to register.

## Ten Mile Bike Ride – February 8

By Mr. Chan

There will be a 10-mile bike ride along the Iron Horse Trail. With a bike and a helmet, you are welcome to join, you will learn bike safety, basic maintenance and have lots of fun.

Date: February 8th (Sunday)

Time: 1:30pm – 4:30pm

Place: Sycamore Park and Ride

Cost: Free

Attire: Flashy bike shirt or Class-B

Required: permission slip, bike, helmet

Important Dates:

01/20 (Tue) – ABC Bike check

02/03 (Tue) – Permission slip due at Troop meeting

02/08 (Sun) 1:30pm – Meet at Sycamore Park and Ride, start the ride after ABC check

02/08 (Sun) 4:30pm – Scouts have to be picked up at Sycamore Park and Ride.

Contact Mr. K. Chan (925-785-3303) for questions



## TROOP 805 30th ANNIVERSARY CELEBRATION

By Mrs. Miyao

Please join us as we celebrate 30 years of Scouting adventures and service to our community.

This event will include past alumni, as well as, our newest families. We are proud of Troop 805's rich and diverse legacy, both past and present.

The event will be held on Saturday evening, February 7th at the Marriott Hotel in San Ramon. It will be a non-uniform event for adults only. The reception will begin at 6:00 with a no-host bar and light hors d'oeuvres. Dinner and the program will commence at 7:00. (The youth scout celebration was part of the Court of Honor on January 6th.)

Reservations and payment can be made through [Eventbrite](http://Eventbrite).

If you haven't already, make your reservations before **January 10**.

For further information or questions, please contact Barbara Miyao at (925) 556-0602 or [barbara.miyao@gmail.com](mailto:barbara.miyao@gmail.com).

## Next Month's Theme: Winter Sports

### Outings

#### 10 Mile Bike Ride

**When:** February 8

**Where:** TBD

**Adult in Charge:** Mr. Chan

**Patrol in Charge:** Yellow Jackets

**Permission Slip Due:** January 27

#### Beginner Snow Camping

**When:** February 15 – 16

**Where:** TBD

**Adult in Charge:** Mr. Colello

**Patrol in Charge:** Honey Badgers

**Permission Slip Due:** January 13

#### Intermediate Snow Camping

**When:** February 14-16

**Where:** TBD

**Adult in Charge:** Mr. Mahoney

**Patrol in Charge:** Kamikaze Platypi

**Permission Slip Due:** January 27

### Meetings

February 3 – Troop Meeting

February 10 – Troop Meeting

February 17 – Troop Meeting

February 24 – PLC / BOR

February 26 - Roundtable

February 12 – ASM Meeting

## Snow Camping

*By Mr. Mahoney and Mr. Gary*

### QUIZ TIME

**Question:** Camping in the snow can be: (A) fun; (B) a new experience; (C) a chance to practice new skills; (D) an opportunity to utilize team work; (E) all of the above

**Answer:** (E) All of the above!!!!

We anticipate having three levels and opportunities for snow camping/ snow camping skills this winter.

- Beginner snow camping skills – Feb. 15-16
- Intermediate snow camping – Feb. 14-16
- Advance snow camping – March 13-15

### **Beginner snow camping skills – Feb. 15-16**

The beginner snow camping has been postponed from Jan. 31-Feb. 1 to Feb. 15-16 in expectation that we will get more snow in the mountains. This outing will emphasize learning snow shelter building skills, staying dry and warm while working in the snow, and sleeping over in a nice, heated cabin. **Prerequisites:** SECOND year (6th grade) scouts and up.

### **Intermediate snow camping – Feb. 14-16**

The intermediate snow camp is similar to “car camping” in the snow. We will set up camp after a short 100-300 yard hike from the parking lot. We will build snow shelters over two days and then sleep in them the second night. The first night we will sleep in a nice, heated cabin. We will cook and eat a couple of meals in the snow environment.

**Prerequisites:** THIRD year (7th

grade) scouts and up. Must have attended Beginner Snow Camp/Snow Shoe outing.

### **Advanced snow camping – Mar. 13-15 (tentative)**

The advance snow camp is “backcountry camping” in the snow. This is the ultimate in snow camping in the mountains! The first night we will sleep in a nice, heated cabin. The second day we will get an early start and hike with backpacks 2-5 miles into the backcountry on snow shoes. We build snow shelters that we will sleep in. We will cook and eat a couple of meals in the snow environment. This is a tentative event and will occur if we get sufficient interest by older qualified scouts. **Prerequisites:** FOURTH year (8th grade) scouts and up. Must have attended intermediate snow camp outing.

Training and preparation for all our snow camping outings are paramount to ensuring that these will be fun and safe events for all. To this end we will have training during some of our troop meetings and a clothing/gear check. These will be mandatory for the participating scouts and adults. Space is limited for each event and is on a first come, first serve basis. The permission slips for these events will be on the website shortly. The permission slips for the beginner and immediate snow camping outings need to be returned by Tuesday, February 3. For more information, contact Mr. Mahoney at 925.899.3840 or [randmaho@pacbell.net](mailto:randmaho@pacbell.net), or Mr. Gary at 925-518 9896 or [todd@thegarys.net](mailto:todd@thegarys.net).

## Educational Series: Blasting in the New Year - New Year's Resolutions for Boy Scouts

By Mr. Laubach, Adapted from Examiner.com & American Academy of Pediatrics

With 2015 already here, Scout leaders are talking with their young men about setting troop goals and objectives for the coming year. There's nothing wrong with incorporating some New Year's resolutions for each Boy Scout. As an integral part of the informal educational system known as "The Scout Method", the lessons learned by setting goals and making resolutions can stay with the boy his entire life. Self-reliance, self-governing and self-learning happen only after goals are established.



Here are some ideas for New Year's resolutions for Boy Scouts:

1. **A Scout is helpful.** Do something great for a younger Scout and offer to help him with his advancement. Every troop has that boy who, for whatever reason seems to lag behind others, always playing catch-up. He's the one who sits in the back of the room at the Court of Honor watching everybody else collect their advancement pins and merit badges. For him, your encouragement and direction may be just what he needs to ensure he earns his fair share of the merit badges.
2. **Do a good turn daily.** Behavioral scientists proclaim, "30 days makes a habit." Make a resolution to conduct one good turn each day for a month and you're well on your way to a positive, new routine in your life. After all, good deeds are a core value in Scouting.
3. **"I will do my best."** It's been a busy year and chances are, you have at least one partial merit badge. Re-double your efforts toward finishing any merit badge requirements that you started in 2011. Once you've completed all the requirements for those outliers, you can honestly say that you have done your best.

4. **A Scout is thrifty.** This part of the Scout Law says that you should carefully use your time and property. Why not make a New Year's resolution to organize your collections? You will feel so much better after those rocks, stamps, insects, pocket knives, coins and other collectibles are properly categorized and accounted for. This way, they will always be presentation-ready when it's time to show them off.
5. **A Scout is clean, and reverent.** You work hard to earn those pins, patches and badges for your uniform and sash. Because boys will be boys, your uniform is undoubtedly showing some wear-and-tear from all the fun you've had this year. Show some respect for your uniform and make a resolution to reattach or update any loose, tattered or worn patches and badges. As a form of reverence to the American flag on the sleeve, don't throw the shirt on the floor after your Troop meeting.

## Healthy New Year's Resolutions for Kids

### Kids, 11-14 years old

- I will drink reduced-fat milk and water every day, and drink soda and fruit drinks only at special times.
- I will put on sunscreen before I go outdoors on bright, sunny days. I will try to stay in the shade whenever possible and wear a hat and sunglasses, especially when I'm playing sports.
- I will try to find a sport (like basketball or soccer) or an activity (like playing tag, jumping rope, dancing, riding my bike, or Scouting) that I like and do it at least three times a week!
- I'll be friendly to kids who may have a hard time making friends by asking them to join activities such as sports or games.
- I will never encourage or even watch bullying, and will join with others in telling bullies to stop.
- I'll never give out private information such as my name, home address, school name or telephone number on the Internet. Also, I'll never send a picture of myself to someone I chat with on the computer without asking my parent if it is okay.
- I will try to talk with my parent or a trusted adult when I have a problem or feel stressed.
- I promise to follow our household rules for videogames and internet use.

## Educational Series: Blasting in the New Year - New Year's Resolutions for Boy Scouts - continued

### Kids, 13 years old and older

- I will try to eat two servings of fruit and two servings of vegetables every day, and I will drink sodas only at special times.
- I will take care of my body through physical activity and eating the right types and amounts of foods.
- I will choose non-violent television shows and video games, and I will spend only one to two hours each day – at the most – on these activities. I promise to follow our household rules for videogames and internet use.
- I will help out in my community and help out with a Scout Service project.
- When I feel angry or stressed out, I will take a break and find helpful ways to deal with the stress, such as exercising, reading, writing in a journal or talking about my problem with a parent or friend.
- When faced with a difficult decision, I will talk about my choices with an adult whom I can trust.
- When I notice my friends are struggling, being bullied or making risky choices, I will talk with a trusted adult and attempt to find a way that I can help them.
- I will be careful about whom I choose to date, and always treat the other person with respect and without forcing them to do something or using violence. I will expect to be treated the same way in return.
- I will resist peer pressure to try tobacco-cigarettes, drugs or alcohol.
- I agree not to use a cellphone or text message while driving and to always use a seat belt.

## Educational Series: Blasting in the New Year – Goal Setting

By Mr. Laubach, Adapted from Examiner.com



### Goal setting is essential to Boy Scout advancement

One of the things people like to do at the beginning of the year is to set some goals. For Scouts, there is a fundamental change that happens when a boy leaves Cub Scouts and bridges into Boy Scouts. New Boy Scouts learn early on that the responsibility of advancement and the pace of earning merit badges now rests squarely on their own shoulders. Mom and Dad aren't expected to carry that burden once the boy enters the big leagues. Scouts who are disciplined to set specific, measurable and realistic goals give themselves the best chance of steadily earning merit badges and rank advancement on the path to Eagle.

When summer camp approaches, it's the perfect time for Scoutmasters, Senior Patrol Leaders, Troop Guides and Scouters to encourage their boys to set goals. BSA estimates that more than 550,000 youth will attend overnight and high-adventure camp in 2015. Boy Scouts in 41,000 troops will earn more than 2 million merit badges this year.

## **Educational Series: Blasting in the New Year – Goal Setting - continued**

Careful planning, smart goal-setting and constant encouragement are essential components of goal achievement.

Goal-setting is not solely a tool for earning merit badges and rank advancement. Scouts can set a wide variety of goals that will help them in their journey. While goals are very personal and individual, here are ideas for scouts to consider as they learn this life-long skill:

### **Short-term goals (achieve in 30 days or less)**

1. Plan a month's worth of Good Turns- 30-days makes a habit for this core value in Scouting
2. Learn two new knots- this essential skill in Scouting takes practice
3. Learn about the Troop leadership positions and decide which one is best for you
4. Organize and re-stock your first-aid kit
5. Air out and pitch your tent by yourself and inventory your stakes and rain-fly
6. Teach a younger scout how to correctly fold a flag, then practice, practice, practice
7. Learn a new swim stroke

### **Longer-term goals (achieve in 3-6 months)**

1. Set a personally challenging goal for Popcorn sales (i.e. ten-percent higher than last year's sales)
2. Help a younger scout earn 1 merit badge and 1 rank advancement
3. Complete any partial merit badge you have
4. Master orienteering- map and compass mastery can be intimidating, yet it's a vital survival skill
5. Look ahead to your next rank, set a date and make a plan to achieve it
6. Earn enough money in your scout account to buy a scout-related item, just for you
7. Earn a certification- i.e., first aid, CPR, BSA lifeguard

Studies show that the number of goals one sets is as important as the quality or complexity of the goals. Setting too many goals can lead to frustration when they aren't all met. This may lead to an urge to give up all together. Experts suggest people who are first attempting goal-setting start by setting one near-term and one longer-term goal.

## TROOP 805 2014/2015 Outings Activities Calendar

### November (Service/Kamikaze Platypi)

- 5 Miles Easy Hike (11/1 – Sat) – Yellow Jackets – J. Garrahan
- Webelos Open House (11/04 – Tue) P. Alexander
- Scouting for Food (11/08 – Sat: Distribute Flyers – 11/15 – Sat: Food Pickup) – OA – B. Miyao
- Mini Golf (11/15 – Sat) – Kamikaze Platypi – P. Alexander

### December (Easy Holidays/Scorpions)

- CO2 Car Racing (12/6 – Sat) Dragons – P. Alexander
- Bowling (12/7 – Sun) - Yellow Jackets C. Jasty, G. Natesen
- Sacramento Tour (12/13 – Sat) – Scorpions – R. Chan, J. Marshall

### January (Blasting into the New Year/Yellow Jackets)

- New Year – Easy Hike (01/10 – Sat) Huskies – New ASM
- 30<sup>th</sup> Anniversary CoH (01/06)
- Beginner Snow Camping – Snow Shoe (01/31 – Sat: 02/1 Sun) – Honey Badgers – D. Colello

### February (Winter Sports/Kamikaze Platypi)

- 10 Mile Bike Ride (02/08 – Sun) Yellow Jackets – K. Chan
- 30<sup>th</sup> Anniversary Party (02/07 – Sat)
- Intermediate Snow Camping (02/13 – Fri: - 02/16 – Mon) – Kamikaze Platypi – R. Mahoney, D. Martin, K. Screechfield

### March (Trek Lightly/Dragons)

- Kiwanis Service – Youth to Youth (03/07 – Sat) – OA – N. Matsunaga
- 10 Mile Bike Ride and Angel Island Bike Ride Day Trip(03/21– Sat) – Lightning – T. Gary
- Scout Skills (03/27 – Fri – 03/29 Sun) Wolverines – J. Marshall

### April (Skillz/Wolverines)

- School Service Project (04/07 – Tue) – OA – T. Huen
- Sunol Backpacking & Sunol to Del Valle (04/11 – Sat: - 04/12 Sun: ) – BPs – K. Screechfield, R. Mahoney, R. Chan and T. Gary

- 15 Mile Bike Ride (04/18 – Sat) – Huskies – TBD
- Camporee (04/24 – Fri: 04/26 – Sun) – Scorpions – J. Garrahan and R. Chan

### May (Water Fun/Lightning)

- 15 Mile Bike Ride (05/09 Sat) – Dragons -TBD
- Art & Wind Festival – Food Booth (05/24 – Sun: - 05/25 Mon) – OA – E. Laubach
- Pt. Reyes – 10 Mile Backpacking (05/30 – Sat: 05/31 Sun) – BPs – T. Gary and K. Screechfield

### June (Camping/Huskies)

- Donnor Fishing (06/06 – Sat: 06/07 Sun) – Radioactive Gummy – G. Aikin, G. Coughlin
- Fages II (06/06 – Sat) – OA – A. Carstensen
- Relay for Life (06/05 – 06/06) – OA – K. Screechfield
- Camp Cherry Valley (06/21 – 06/27)

### July (Fishing/Radioactive Gummies)

- July 4<sup>th</sup> Parade (07/04 – Sat) – OA - S. Evans
- 25 Mile Bike Ride (07/11 – Sat: ) Lightning - TBD
- Camp Wente (07/12 – Sun: 07/18 – Sat)
- Pulmas 25 Mile Backpacking (07/24 – Fri –07/27 Mon) BPs- R. Chan

### August (Science/Honey Badgers)

- Hiller Aviation (08/01 – Sat) - Honey Badgers – New ASM
- Emigrant Wilderness 50 Miler Backpacking (8/09 – Sun – Sat: 8/15) – BPs – R. Mahoney, R. Chan
- 2 x 25 Bike Ride - (08/22 – Sat: - 08/23 Sun) Flaming Arrows - T. Gary, R. Mahoney

### September (Rocking it/Dragons)

- 9/11 Memorial Service (09/11) – OA – New ASM
- Advance Camp – (09/26 Sat:) Dragons –New ASM

### October (Haunted/Scorpions)

- Black Diamond Mine (10/10 – Sat: 10/11 – Sun) – Radioactive Gummy –T. Huen
- USS Hornet (10/17 – Sat: 10/18 Sun) – Scorpions – New ASM
- 50 Mile Bike Ride (10/24 – Sat) – Wolverines J. Marshall, R. Chan

# Troop 805 2014 Leadership Chart

