#### **BOY SCOUTS OF AMERICA - TROOP 805**

ACTIVITY INFORMATION FORM

### 10 Mile Bike Ride – Saturday, March 21, 2015

Sponsored by Lighting Patrol

**What:** An easy and beautiful 10-mile bike ride along the waterfront of the

Carquinez Straits through Port Costa and the Carquinez Strait Regional Shoreline. This (or the prior 10-mile ride on 3/1) is a prerequisite to participating in further cycling trips this season. *This ride will add important on-road cycling experience for future rides, so please join us.* 

When: Saturday, March 21, 2015

**Meet:** 9:00 a.m. Carquinez Strait Regional Shoreline – Nejedly Staging Area: see

directions to staging area here: <a href="http://goo.gl/maps/dTSKh">http://goo.gl/maps/dTSKh</a>

Cost: Free

**Return:** 12:30 p.m., at Nejedly Staging Area

**Uniform:** Appropriate Cycling clothes: Troop 805 Cycling shirt (or other bright

shirt); well-fitted helmet; eye protection (sun glasses); cycling gloves

(recommended); closed toe shoes.

**Details:** Parents are responsible for getting scouts to and from the Staging area.

<u>Mandatory ABC Bike Check</u>: For all bikes not inspected yet this season: bring bikes to the Troop meeting this Tuesday, March 17. If your bike has been inspected this season, you may have a review inspection at the event. (No exceptions.) Bring water to cycle with (bottle in cage or hydropack), sunscreen and energy bar(s). We need adults to support this outing.

<u>Note</u>: This outing is open to all second year scouts and above (RGB's/Huskies and above). We are scheduling another bike ride for new scouts, sometime after their first outing at Scout Skills.

Questions: Mr. Gary, cell: (925) 518-9896, email: todd@thegarys.net

#### Return the permission slips to your Patrol Leader.

Patrol Leaders submit the collected slips, money to the outing folder no later than the Troop Meeting on Tuesday, March 17, 2015

## **BOY SCOUTS OF AMERICA - TROOP 805**

INFORMED CONSENT, RELEASE AND PERMISSION TO TREAT

# 10 Mile Bike Ride – Saturday, March 21, 2015

I hereby give permission for my son,	
use of such equipment and related activities at designated ranges.	
I hereby give permission for the adult leaders to give over-the-counter (OTC) medicines as needed (e.g. Aleve for headache, fever, inflammation, pain; Benadryl for allergic reactions, nasal allergies, hives and itching; Lomotil for diarrhea; etc.) In case of emergency involving my child, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child. Medical providers are authorized to disclose to the adult in charge examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities. (All reasonable measures will be taken to safeguard the health and safety of the Troop's members.)	
Name of Parent or Guardian (please print):	
Signature:	Date:
Home Phone:	Cell Phone:
If I cannot be reached in the event of an emergency, please notify the person named below:	
Name:	Cell Phone:
The following information relates to my son:	
Physician's Name:	Phone:
Insurance Company:	Policy No:
Allergies or pertinent medical information (incl. Rx & OTC meds):	
WE NEED AT LEAST THREE MORE ADULTS TO PARTICIPATE TO MEET BSA REQUIREMENTS.	
<b>REGISTERED LEADERS:</b> Will you be participating with the troop? Yes: □ Name:	

Youth Protection Trained? Yes: ☐ YP expiration date: