#### **BOY SCOUTS OF AMERICA - TROOP 805**

ACTIVITY INFORMATION FORM

## Introduction to Basic Backpacking @ Redwood Regional Park Friday night, 7/12 through Sunday morning 7/14/2019

OSPL: TBD

What:

Come join us on a fun adventure where we learn the basics of backpacking and hiking. If you are thinking of going to Philmont in the next few years or just want to explore our beautiful trails, this adventure is for YOU! In this adventure, we learn how to properly pack our backpacks, filter our water (demonstration only), cook with backpacking stoves using white gas, eat re-hydrated food, learn trail etiquette, and finally learn basic map and compass navigation.

When: Friday, 7/12 to Sunday 7/14

Who: Second year scouts and above

Where: Redwood Regional Park (Girl's Camp site), Oakland, CA

**Cost:** \$40

Meet: Drop off @ Sycamore Park and Ride Friday, July 12<sup>th</sup> 2019 @ 5:30pm

**Pickup:** Pickup @ Sycamore Park and Ride Sunday, July 14<sup>th</sup> 2019 @ 11am

**Uniform:** Class A upon Arrival and Departure; Optional Class B for activities.

**Details:** 

- Short 3-mile hike (one way)
- Use framed backpacks (external or internal frames)
- Hiking boots or good pair of athletic shoes
- Light weight sleeping bags
- Troop Tents provided
- 1-liter Nalgene bottle or camelback
- Fleece or lightweight pullover for night
- Bring sack dinner for Friday night Saturday lunch, dinner and Sunday breakfast will be backpacking meals and cooked by the scouts

**Questions:** Contact Mr. James Mar at <a href="mailto:ramsemaj@gmail.com">ramsemaj@gmail.com</a> or Mrs. Archana Arunkumar at archana.arunkumar@gmail.com.

# Drivers Needed! Please indicate if you can drive!

### RSVP and submit payment at TroopMaster.

Patrol Leaders submit the collected slips to the outing folder no later than Tuesday. July 9<sup>th</sup>

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INFORMED CONSENT, RELEASE AND PERMISSION TO TREAT

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understand that part demanding. I have of I also understand the standards of conduction	ticipation in Scouting activity carefully considered the risk that participation in this activity. I release the Boy scouts of	ies involves a continuolved and has wity is entirely of America, the l	, to attend this outing wi ertain degree of risk and can be physically, ave given consent for myself or my child to voluntary and requires participants to abid ocal council, the activity coordinators, and with the activity from any and all claims or	mentally, and emotionally participate in this activity. le by applicable rules and all employees, volunteers,
	equipment to the participan		ess consent for a qualified range instructor e of instruction in the safe handling and u	
inflammation, pain; involving my child, to the medical provi or injections of med test results, and tre participant's parents measures will be tal	Benadryl for allergic reaction I understand every effort will ider selected by the adult lead dication for my child. Mediatment provided for purposs or guardian, and/or determine the safeguard the health at the safeguard the health at the safeguard the safeguard.	ons, nasal allergiall be made to conder in charge to sical providers are of medical enation of the par	ecounter (OTC) medicines as needed (e.g. as, hives and itching; Lomotil for diarrhea; tact me. In the event I cannot be reached, I because proper treatment, including hospitalise authorized to disclose to the adult in chavaluation of the participant, follow-up and tricipant's ability to continue in the program Troop's members.)	etc.) In case of emergency hereby give my permission zation, anesthesia, surgery, arge examination findings, d communication with the
Name of Parent or	Guardian ( <i>please print</i> ):			
Signature:			Date:	
Home Phone:			Cell Phone:	
If I cannot be reach	ed in the event of an emerge	ncy, please notif	fy the person named below:	
Name:		Cell Phone:		
The following infor	rmation relates to my son:			
Physician's Name:		Phone:		
Insurance Compa	ny:		Policy No:	
Allergies or pertin	ent medical information (i	ncl. Rx & OTC	meds):	
Drive?	Vehicle	Tour Plan In	nformation	Auto Insurance
(Check if Yes)	Year / Make / Model	No. of Passengers	Driver's License / Name / Cell Phone	(Min.: \$50K/\$100K/\$50K)
To:				
From:				
	(Reminde	er: Parents are requested to prov	ride Troop transportation on at least two outings per year.)	
			RTICIPATE TO MEET BSA REQUIREMEN	NTS.
	LEADERS: Will you be p		th the troop? Yes: Name:	
■ Vouth Protection	Trained? Ves: TyPexnir	ation date:		